

		Monday		Tuesday		Wednesday		Instructors	
Training Week (M-Th.)	Time	Inside	Outside	Inside	Outside	Inside	Outside	Monday- Inside	Monday- Outside
Week 1 (8/15-8/18)	5:00-6:30	X	Fall Teams	Fall Teams	X	Fall Teams	Fall Teams	X	X
	6:30-8:00	X	Fall Teams	Fall Teams	X	Fall Teams	Fall Teams	X	X
	8:00-9:30	X	Fall Teams	Fall Teams	X	Fall Teams	Fall Teams	X	X
Week 2 (8/22-8/25)	5:00-6:30	X	Fall Teams	Fall Teams	X	Fall Teams	Fall Teams	X	X
	6:30-8:00	X	Fall Teams	Fall Teams	X	Fall Teams	Fall Teams	X	X
	8:00-9:30	X	Fall Teams	Fall Teams	X	Fall Teams	Fall Teams	X	X
Week 3 (8/29-9/1)	5:00-6:30	X	Fall Teams	Fall Teams	X	Fall Teams	Fall Teams	X	X
	6:30-8:00	X	Fall Teams	Fall Teams	X	Fall Teams	Fall Teams	X	X
	8:00-9:30	X	Fall Teams	Fall Teams	X	Fall Teams	Fall Teams	X	X
Week 4 (9/5-9/8)	4:00-5:30	X	Labor Day	17U-18U	X	X	X	X	X
	5:30-7:00	X	Labor Day	10U-11U	X	8U-9U	10U-11U	X	X
	7:00-8:30	X	Labor Day	12U-13U	X	14U	12U-13U	X	X
	8:30-10:00	X	Labor Day	16U	X	15U	16U-18U	X	X
Week 5 (9/12-9/15)	4:00-5:30	X	X	17U-18U	X	X	X	X	X
	5:30-7:00	X	8U-9U	10U-11U	X	8U-9U	10U-11U	X	X
	7:00-8:30	X	14U	12U-13U	X	14U	12U-13U	X	X
	8:30-10:00	X	15U	16U	X	15U	16U-18U	X	X
Week 6 (9/19-9/22)	4:00-5:30	X	X	17U-18U	X	X	X	X	X
	5:30-7:00	X	8U-9U	10U-11U	X	8U-9U	10U-11U	X	X
	7:00-8:30	X	14U	12U-13U	X	14U	12U-13U	X	X
	8:30-10:00	X	15U	16U	X	15U	16U-18U	X	X
Week 7 (9/26-9/29)	4:00-5:30	X	X	17U-18U	X	X	X	X	X
	5:30-7:00	X	8U-9U	10U-11U	X	8U-9U	10U-11U	X	X
	7:00-8:30	X	14U	12U-13U	X	14U	12U-13U	X	X
	8:30-10:00	X	15U	16U	X	15U	16U-18U	X	X
Week 8 (10/3-10/6)	4:00-5:30	X	X	17U-18U	X	X	X	X	X
	5:30-7:00	X	8U-9U	10U-11U	X	8U-9U	10U-11U	X	X
	7:00-8:30	X	14U	12U-13U	X	14U	12U-13U	X	X
	8:30-10:00	X	15U	16U	X	15U	16U-18U	X	X
Week 9 (10/10-10/13)	4:00-5:30	X	X	17U-18U	X	X	X	X	X
	5:30-7:00	X	8U-9U	10U-11U	X	8U-9U	10U-11U	X	X
	7:00-8:30	X	14U	12U-13U	X	14U	12U-13U	X	X
	8:30-10:00	X	15U	16U	X	15U	16U-18U	X	X

		Monday		Tuesday		Wednesday		Instructors	
Training Week (M-Th.)	Time	Inside	Outside	Inside	Outside	Inside	Outside	Monday- Inside	Monday- Outside
Week 10 (10/17-10/20)	4:00-5:30	X	X	17U-18U	X	X	X	X	X
	5:30-7:00	X	8U-9U	10U-11U	X	8U-9U	10U-11U	X	X
	7:00-8:30	X	14U	12U-13U	X	14U	12U-13U	X	X
	8:30-10:00	X	15U	16U	X	15U	16U-18U	X	X
Week 10 (10/24-10/27)	TBD	Off Week/Uniform Fitting Week/X TEST PREP							
Week 10 (10/31-11/3)	TBD	X TEST WEEK							